

Last Name \_\_\_\_\_ First Name \_\_\_\_\_ Middle Initial \_\_\_\_\_  
 Date of Birth \_\_\_\_\_ Age \_\_\_\_\_ Gender: ☐ M ☐ F Social Security # \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_  
 Race \_\_\_\_\_ Ethnicity \_\_\_\_\_ (Medicare requires these questions on form)  
 Preferred Language \_\_\_\_\_ Email \_\_\_\_\_  
 Address \_\_\_\_\_ City/State/Zip \_\_\_\_\_  
 Phone (Home) \_\_\_\_\_ (Cell) \_\_\_\_\_ (Work) \_\_\_\_\_  
 Marital Status: ☐ Single ☐ Married ☐ Divorced ☐ Widowed Spouse's Name \_\_\_\_\_  
 Emergency Contact Name \_\_\_\_\_ Emergency Phone \_\_\_\_\_  
 Your Occupation \_\_\_\_\_ Employer \_\_\_\_\_  
 Employer Address \_\_\_\_\_ Job Duties \_\_\_\_\_  
 Would you like us to verify your insurance? ☐ Y ☐ N Insurance Company \_\_\_\_\_  
 Group Number: \_\_\_\_\_ Policy Number: \_\_\_\_\_  
 How did you hear about us or who referred you to this office? \_\_\_\_\_

### WHAT BRINGS YOU TO OUR OFFICE?

What is your main complaint or symptom? \_\_\_\_\_

- Date when symptom first appeared: \_\_\_\_\_ Is this a ☐ work or ☐ auto accident injury?
- Describe how your symptom(s) happened: \_\_\_\_\_
- Did your complaint begin: ☐ Gradually ☐ Suddenly
- Since onset, have your complaints: ☐ Worsened ☐ Improved ☐ Stayed The Same
- Type of Pain: ☐ Sharp ☐ Dull ☐ Ache ☐ Burn ☐ Throb
- What makes the symptoms worse? \_\_\_\_\_
- What makes the symptoms better? \_\_\_\_\_
- Does the Pain Radiate into your: ☐ Arm ☐ Leg ☐ Other \_\_\_\_\_ ☐ Does not radiate
- Do you experience Numbness or Tingling? ☐ Yes ☐ No If so, where? \_\_\_\_\_
- How often do you experience these symptoms? ☐ 100% ☐ 75% ☐ 50% ☐ 25% ☐ 10%
- **PAIN INTENSITY: Use the key below to rate the severity of your complaints by circling or marking the appropriate number below.**

1. Right now, what is the intensity of your pain on a scale of 0-10?

0 1 2 3 4 5 6 7 8 9 10

2. What is the intensity of your pain at its least on a scale of 0-10?

0 1 2 3 4 5 6 7 8 9 10

3. What is the intensity of your pain at its worst on a scale of 0-10?

0 1 2 3 4 5 6 7 8 9 10

0 = No Pain, Normal	<b>KEY</b>
1 = Minimal, Hardly Noticed	
2 = Very Mild	
3 = Mild, Tolerable Pain	
4 = Mild to Moderate Pain	
5 = Moderate Pain, Distressing	
6 = Moderately Severe / Intense	
7 = Very Intense, Limits Most Activities	
8 = Horrible Pain, Limits All Activities	
9 = Very Severe, Unbearable Pain	
10 = Excruciating, Unimaginable Pain	

- What is the pain interfering with that is important in your life? \_\_\_\_\_
- Have you ever been to another doctor for this problem? ☐ Y ☐ N Who? \_\_\_\_\_
- List any previous tests and or treatments you have had for this condition: \_\_\_\_\_  
 \_\_\_\_\_
- Have you experienced this symptom before? ☐ Y ☐ N If yes, when and describe: \_\_\_\_\_  
 \_\_\_\_\_

What is your second or other main complaint(s) or symptom(s)? \_\_\_\_\_

- Date when symptom first appeared: \_\_\_\_\_ Is this a ☐ work or ☐ auto accident injury?
- Describe how your symptom(s) happened: \_\_\_\_\_
- Did your complaint begin: ☐ Gradually ☐ Suddenly
- Since onset, have your complaints: ☐ Worsened ☐ Improved ☐ Stayed The Same
- Type of Pain: ☐ Sharp ☐ Dull ☐ Ache ☐ Burn ☐ Throb
- What makes the symptoms worse? \_\_\_\_\_
- What makes the symptoms better? \_\_\_\_\_
- Does the Pain Radiate into your: ☐ Arm ☐ Leg ☐ Other \_\_\_\_\_ ☐ Does not radiate
- Do you experience Numbness or Tingling? ☐ Yes ☐ No If so, where? \_\_\_\_\_
- How often do you experience these symptoms? ☐ 100% ☐ 75% ☐ 50% ☐ 25% ☐ 10%
- **PAIN INTENSITY: Use the key below to rate the severity of your complaints by circling or marking the appropriate number below.**

1. Right now, what is the intensity of your pain on a scale of 0-10?

0 1 2 3 4 5 6 7 8 9 10

2. What is the intensity of your pain at its least on a scale of 0-10?

0 1 2 3 4 5 6 7 8 9 10

3. What is the intensity of your pain at its worst on a scale of 0-10?

0 1 2 3 4 5 6 7 8 9 10

0 = No Pain, Normal	<b>KEY</b>
1 = Minimal, Hardly Noticed	
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8 = Horrible Pain, Limits All Activities	
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10 = Excruciating, Unimaginable Pain	

- What is the pain interfering with that is important in your life? \_\_\_\_\_
- Have you ever been to another doctor for this problem? ☐ Y ☐ N Who? \_\_\_\_\_
- List any previous tests and or treatments you have had for this condition: \_\_\_\_\_
- Have you experienced this symptom before? ☐ Y ☐ N If yes, when and describe: \_\_\_\_\_

**Do you have other complaints that you want the Doctor to evaluate?** ☐ Y ☐ N If yes, describe: \_\_\_\_\_

Have you ever been to a Doctor of Chiropractic before? ☐ Y ☐ N If yes, Dr. name \_\_\_\_\_

Approximate date of last visit: \_\_\_\_\_ Reason for care: \_\_\_\_\_

Do you see a medical doctor for general care/checkups? ☐ Y ☐ N If yes, Dr. name: \_\_\_\_\_

Address: \_\_\_\_\_ City/State/Zip: \_\_\_\_\_

Approximate date of last visit: \_\_\_\_\_ Reason for visit: \_\_\_\_\_

**Please list all past hospitalizations and surgeries:**

Type _____	When _____	Doctor _____
Type _____	When _____	Doctor _____
Type _____	When _____	Doctor _____
Type _____	When _____	Doctor _____

**Please list any significant past accidents and falls:** (auto accident, slip and falls, sports or work injury)

What _____	When _____
What _____	When _____
What _____	When _____
What _____	When _____

**Please list any medications or vitamins you are currently taking:** \_\_\_\_\_

**Please list known allergies to medications or foods:** \_\_\_\_\_

**DO YOU SUFFER FROM ANY OF THE FOLLOWING?**

PREVIOUSLY	CURRENTLY	PREVIOUSLY	CURRENTLY	PREVIOUSLY	CURRENTLY
( )	( ) DIABETES	( )	( ) HIGH BLOOD PRESSURE	( )	( ) ULCERS
( )	( ) LOW BLOOD SUGAR	( )	( ) LOW BLOOD PRESSURE	( )	( ) DRY SKIN
( )	( ) RINGING IN THE EARS	( )	( ) HEART DISEASE	( )	( ) STROKE
( )	( ) SKIN RASHES	( )	( ) HEMORRHOIDS	( )	( ) ASTHMA
( )	( ) CONSTIPATION	( )	( ) COLD HANDS / FEET	( )	( ) FATIGUE
( )	( ) HEARTBURN	( )	( ) SINUS CONGESTION	( )	( ) CANCER
( )	( ) NERVOUSNESS	( )	( ) DEPRESSION	( )	( ) SCOLIOSIS
( )	( ) HIGH CHOLESTEROL	( )	( ) POOR DIGESTION/GAS	( )	( ) ARTHRITIS
( )	( ) HIATEL HERNIA	( )	( ) YEAST INFECTIONS	( )	( ) ANEURYSM
( )	( ) INGUINAL HERNIA	( )	( ) HEPATITIS A B C	( )	( ) LIVER DISEASE
( )	( ) TUBERCULOSIS	( )	( ) HEADACHES	( )	( ) OSTEOPOROSIS
( )	( ) H I V OR AIDS	( )	( ) IRRITABLE BOWEL	( )	( ) FIBROMYALGIA

**Do you have or have you had any disease or medical problems not listed?** ☐ Y ☐ N If yes, explain: \_\_\_\_\_

**Vascular Risk Evaluation / Social History:**

\*Have you ever suffered a stroke? ☐ Y ☐ N \*Anyone in your family had a stroke? ☐ Y ☐ N

Who / Age \_\_\_\_\_

\*Have you ever had a heart attack? ☐ Y ☐ N \*Anyone in your family had a heart attack? ☐ Y ☐ N

Who / Age \_\_\_\_\_

\*Do you have high blood pressure? ☐ Y ☐ N \*Anyone in your family have high blood pressure? ☐ Y ☐ N

Who / Age \_\_\_\_\_

Do you smoke? ☐ Y ☐ N If yes, how much? \_\_\_\_\_ How long? \_\_\_\_\_

Have you ever smoked in the past? ☐ Y ☐ N When did you quit? \_\_\_\_\_

Do you drink alcohol? ☐ Y ☐ N If yes, how much? \_\_\_\_\_

Do you take birth control pills? ☐ Y ☐ N Have you ever taken birth control pills? ☐ Y ☐ N

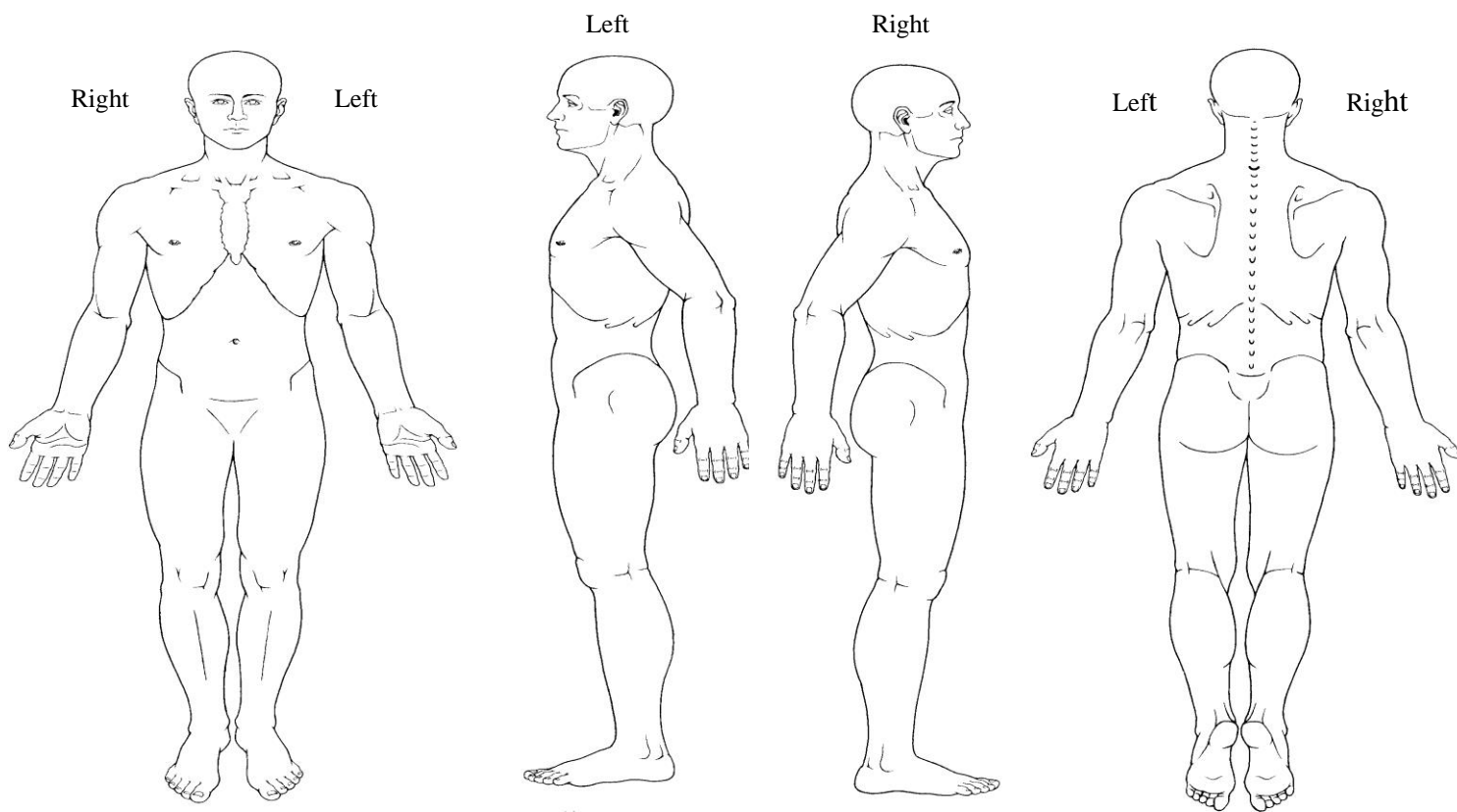
Do you exercise? ☐ Y ☐ N If yes, list frequency & intensity: \_\_\_\_\_

What do you enjoy doing most when you're not working? \_\_\_\_\_

Is there any additional information you would like the doctor to know about before beginning your care? \_\_\_\_\_

Please mark areas of interest if you desire more information: ☐ Nutrition / Supplements ☐ Massage  
☐ Wellness Care ☐ Body Purification ☐ Decompression ☐ Other ☐ Laser Therapy

## PAIN LOCATION



Please use the following symbols on the pain diagram to accurately describe the location and symptom of your condition.

PPP	Where you experience Pain
SSS	Where you experience Spasms
NNN	Where you experience Numbness
TTT	Where you experience Tingling
BBB	Where you experience Burning
CCC	Where you experience Cramping

Please circle or mark your answers:

- In general, how would you rate your overall health? Poor = 0 1 2 3 4 5 6 7 8 9 10 = Excellent
- How valuable is your health to you? No value = 0 1 2 3 4 5 6 7 8 9 10 = Extremely Valuable

PATIENT SIGNATURE \_\_\_\_\_ DATE \_\_\_\_\_